



Find out which membership is right for you.

Since your physical and mental health is important to us, we have entered into a partnership that allows you to take advantage of exclusive discounts at Gym Pro-Forme l'atelier.



Annual subscription **at \$275**

(including a comprehensive assessment and customized training program) 6-month subscription **at \$150** (including a comprehensive assessment) 3-month subscription à **\$80**

Steps to take advantage of the discount \downarrow

) Go to the Gym Pro-Forme l'atelier of your choice.

Mention Major Plan and present proof of coverage or institutional invoice.



Enjoy your subscription!



1 877-976-2567